

INTERMEDIATE CARE HOME

Providing Care with Compassion and Dignity

Our 22-bed Intermediate Care Home (ICH), located on the 2nd Floor of The Palisades, accommodates both ongoing care and short-term respite, should any of our residents require these services. Enriched Living residents are given priority access.

Prices range from \$2,970 - \$3,735/mo.

Services include:

- Furnished or semi-furnished private rooms
- 24-hour staff
- Personal care assistance
- Secure environment
- Nutritious meals and snacks
- Housekeeping, linen and laundry services
- Foot care
- Medication management
- Recreational and social activities
- Spiritual care

The ICH staff at The Palisades are trained care workers whose love for people is reflected through their dedication and compassion. **ICH Supervisor Jennifer Honorio** works in the ICH 40 hours/week. She is in charge of supervising all ICH staff, communicates regularly with residents' families, oversees all medication management, and provides 'Hands-on' Care, which keeps her well informed of our residents' care needs. Jennifer works with **Support Services Supervisor Shannon Smith** to plan and implement our Resident Care Plans.

Family Communications

There are numerous options for ongoing communications with supervising staff, and the Intermediate Care Home has a 24-hour main phone line available for urgent needs. Each resident is encouraged to have their own private phone line in their room to stay in touch with family and friends. Resident supporters are also added to an email contact list for regular communications from The Palisades office. We also provide a monthly newsletter outlining special events and activities, which also includes a supper and snack menu you can reference when talking with your loved ones.

Availability

The number of open spots changes month to month. It is best to contact us directly to see what options are available when a resident requires this next level of care.

514 23rd Street E.
Saskatoon, SK S7K 0J8
Phone: 306-664-6163
Fax: 306-653-1742
Email: palisades@shaw.ca

thepalisades.ca

Want to know more? Call or email Housing Manager Jayce Ollenberger to arrange a phone call or tour of our facilities.

Jayce Ollenberger
Housing Manager, The Palisades

Email: jaycepo@thepalisades.ca
Phone: 306-653-3995

CRITERIA FOR TENANCY AT THE PALISADES

In order to obtain and/or maintain tenancy, residents must meet the following criteria:

BEHAVIOURAL

- Have cognitive ability to accept and follow the guidance and support of staff.
- Comply with a personal care plan – including bath routines and schedule.
- Not be disruptive or disturbing to other residents.
- Not be verbally or physically abusive to residents, visitors and staff.

PERSONAL HYGIENE

- Have the ability to assist and maintain hygiene with support in the areas of bathing, grooming, peri-care, teeth, etc.
- Comply with bathing and grooming schedule

DRESSING

- Have the ability to assist or comply with personal support when dressing or undressing.
- Dress modestly and appropriately and allow staff to launder clothes regularly.

MOBILITY

- Have the ability to walk independently or with the use of a cane or walker.
- Not require support for transfer.
- Not require equipment for lifting.

EATING/NUTRITION

- Have the ability to feed themselves with some personal support (i.e., cutting food).

SLEEPING

- Have the ability to sleep in their own room with minimal support required during the night.

MEDICATION

- Have the ability to comply with and maintain a regime of staff administered oral medications.

CONTINENCE

- Be able to maintain bowel control – with no incontinence issues.
- Be able to maintain bladder control or to accept guidance and support in maintaining control (i.e. reminders, cleanliness, odor control, appropriate aids such as 'Tena').

If residents are unable to meet any of the above criteria, the Support Services Supervisor will be in touch with the resident and their family contacts about the need to move to another facility and will provide resources to aid with the transition.